

Overzicht Chris in Almere 1992-2005 met verdeling uren

| jaar | zwemmen uren | fietsen uren | lopen uren | totaal uren | % L-F procenten | % Z-L procenten | %-Z-F procenten | %-L-E procenten |
|------------|-----------------|-----------------|---------------|----------------|--------------------|--------------------|--------------------|--------------------|
| 27-08-2005 | 0:52:51 | 4:36:04 | 2:53:07 | 8:28:14 | 62,7% | 30,5% | 19,1% | 34,1% |
| 28-08-2004 | 0:53:41 | 4:37:14 | 2:53:53 | 8:27:12 | 62,7% | 30,9% | 19,4% | 34,3% |
| 31-08-2003 | 0:56:09 | 4:49:59 | 3:06:41 | 8:52:49 | 64,4% | 30,1% | 19,4% | 35,0% |
| 01-09-2001 | 0:56:08 | 4:59:16 | 3:00:52 | 8:56:17 | 60,4% | 31,0% | 18,8% | 33,7% |
| 02-09-2000 | 0:56:33 | 4:52:28 | 3:15:07 | 9:04:08 | 66,7% | 29,0% | 19,3% | 35,9% |
| 04-09-1999 | 0:54:10 | 4:34:08 | 3:02:28 | 8:30:46 | 66,6% | 29,7% | 19,8% | 35,7% |
| 15-08-1998 | 0:56:25 | 4:44:40 | 3:05:53 | 8:46:58 | 65,3% | 30,4% | 19,8% | 35,3% |
| 27-08-1994 | 0:58:39 | 5:08:48 | 3:20:49 | 9:28:16 | 65,0% | 29,2% | 19,0% | 35,3% |
| 04-09-1993 | 0:53:34 | 5:00:16 | 3:16:49 | 9:10:39 | 65,5% | 27,2% | 17,8% | 35,7% |
| 22-08-1992 | 0:55:43 | 4:59:37 | 3:27:36 | 9:22:54 | 69,3% | 26,8% | 18,6% | 36,9% |
| gem | 0:55 | 4:50 | 3:08 | 8:54 | 64,9% | 29,5% | 19,1% | 35,2% |
| stdev | 0:01 | 0:11 | 0:11 | 0:22 | 2,5% | 1,5% | 0,6% | 1,0% |
| tot | 9:13 | 48:22 | 31:23 | 89:08 | | | | |

ᄁn

| <u>%-F-E</u> | <u>%-Z-E</u> |
|--------------|--------------|
| procenten | procenten |
| 54,3% | 10,4% |
| 54,7% | 10,6% |
| 54,4% | 10,5% |
| 55,8% | 10,5% |
| 53,7% | 10,4% |
| 53,7% | 10,6% |
| 54,0% | 10,7% |
| 54,3% | 10,3% |
| 54,5% | 9,7% |
| 53,2% | 9,9% |
| <u>54,3%</u> | <u>10,4%</u> |
| 0,7% | 0,3% |

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